

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack				
<i>Toasted Fruit Loaf</i>	<i>Cereal</i>	<i>Toast</i>	<i>Cereal</i>	<i>Yogurt & Fruit</i>
Lunch				
<p>Chicken Casserole Pieces of fresh chicken cooked with onions, potatoes, carrots, tomato puree, sweetcorn and peas in stock</p>	<p>Sausage Pasta Bake Sausages with pepper, mushrooms and pasta spirals combined in a tomato sauce served with sweetcorn</p>	<p>Roast Dinner Home roasted breast of turkey served with roast potatoes, shredded cabbage, carrot & Swede and gravy</p>	<p>Beef & Apricot Stew Chunks of fresh beef cooked slowly in stock with potatoes, sweet potatoes, carrots, apricots, mushrooms and sweetcorn. Served with crusty bread</p>	<p>Fish Fingers and Chips Cod fillet fingers covered in breadcrumbs, par fried and finished off in the oven until golden. Served with chips and peas</p>
				
Dessert				
<i>Apple Crumble & Custard</i>	<i>Toffee Cornflake Cake</i>	<i>Ice Cream</i>	<i>Fresh Fruit Platter</i>	<i>Jelly</i>
Afternoon Snack				
Scrambled Eggs on Toast	Tuna Mayo mixed with pasta and sweetcorn	Cream Cheese with Bread Sticks, Cucumber and Carrot Batons	'Fun with Food'	Muffin Pizza's

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
<i>Toasted Fruit Loaf</i>	<i>Cereal</i>	<i>Toast</i>	<i>Cereal</i>	<i>Yogurt</i>
Lunch				
<p>Shepherd's Pie Fresh mince lamb cooked with onions, carrots and stock, then topped with homemade mashed potatoes and served with green beans</p>	<p>Homemade Meatballs Fresh minced beef made into meatballs and served in a homemade tomato sauce with pasta spirals and broccoli</p>	<p>Roast Dinner Home roasted topside of beef served with Yorkshire pudding, roast potatoes, shredded cabbage, carrot & Swede and gravy</p>	<p>Chicken & Bacon Carbonara Onions, chicken, bacon and mushrooms mixed with tagliatelle pasta and smothered in a creamy served with sweetcorn</p>	<p>Sausage & Chip Heseltine's Butchers quality sausage served with chips and peas</p>
				
Dessert				
<i>Flapjack</i>	<i>Yogurt</i>	<i>Shortbread</i>	<i>Sponge & Custard</i>	<i>Frozen Mousse topped with Strawberries</i>
Tea				
Egg, Tuna Mayonnaise and Sweetcorn Pitta's	'Fun with Food'	Cream Cheese with Bread Sticks, Cucumber and Carrot Batons	Beans on Toast	Home Roasted Turkey and Pineapple Flatbread

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
<i>Toasted Fruit Loaf</i>	<i>Cereal</i>	<i>Toast</i>	<i>Cereal</i>	<i>Yogurt</i>
Lunch				
<p><i>Creamy Chicken Curry</i> Fresh chicken breast cooked with cumin, coriander, ginger, turmeric, coconut milk and natural yogurt served on a bed of brown rice with naan bread and sweetcorn</p>	<p><i>Pasta Bolognaise</i> Fresh minced beef cooked with onions, garlic, tomatoes, mushrooms and herbs then mixed with pasta, placed in ovenproof dishes, topped with cheese and baked in the oven until golden. Served with broccoli</p>	<p><i>Roast Dinner</i> Home roasted boneless leg of pork served with roast potatoes, carrot and Swede, cauliflower and gravy</p>	<p><i>Scouse</i> Chunks of lamb cooked slowly with onions, carrots, leeks and potatoes in stock served with crusty bread</p>	<p><i>Lasagne</i> Minced beef cooked with onions, garlic, tomatoes and herbs and layered between lasagne sheets and topped with a béchamel sauce and baked in the oven until golden and served with green beans</p>
				
Dessert				
<i>Iced Fingers</i>	<i>Chocolate Cookies and Fresh Strawberries</i>	<i>Rice Pudding</i>	<i>Melting Moments with Orange Wedges</i>	<i>Sponge of the Day</i>
Tea				
'Fun with Food'	Ham and Cheese with Cream Crackers and Cherry Tomatoes	Cream Cheese with Bread Sticks, Cucumber and Carrot Batons	Cheese on Toast	Cheese, Ham, Red Pepper and Sweetcorn Pasta Salad